

Friday, October 1, 2021

Aquafit: Deep Water

Date and Time: Friday, October 1 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from September 8 to 29th

Lane Swim

Date and Time: Friday, October 1 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Friday, October 1 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aqua Cardio

Date and Time: Friday, October 1 08:00 a.m. - 8:45 a.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Aqua Cardio

Aquafit: Shallow Water

Date and Time: Friday, October 1 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from September 8 to 29

Aqua Strength

Date and Time: Friday, October 1 08:15 a.m. - 9:15 a.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Aqua Strength - Warm Pool - Aqua Strength instruction is 45 minutes

Aquafit: Warm Water Aqua Strength

Date and Time: Friday, October 1 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes.

Book Your Bubbles

Date and Time: Friday, October 1 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Friday, October 1 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Friday, October 1 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Friday, October 1 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Aqua Cardio

Date and Time: Friday, October 1 09:00 a.m. - 9:45 a.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Aqua Cardio

Adult Swim

Date and Time: Friday, October 1 09:30 a.m. - 10:30 a.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Adult Swim - Warm Pool

Family Swim: Warm Water Pool

Date and Time: Friday, October 1 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

AquaCardio

Date and Time: Friday, October 1 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Saturday farmers' market

Date and Time: Saturday, October 2 07:00 a.m. - 2:00 p.m.

Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON

Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

AquaCardio

Date and Time: Saturday, October 2 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Saturday, October 2 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Book Your Bubbles

Date and Time: Saturday, October 2 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Saturday, October 2 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Aqua Cardio

Date and Time: Saturday, October 2 01:00 p.m. - 1:45 p.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Aqua Cardio

Lane Swim

Date and Time: Saturday, October 2 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Saturday, October 2 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim

Date and Time: Saturday, October 2 01:30 p.m. - 2:30 p.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Family Swim - Warm Pool

Book Your Bubbles

Date and Time: Saturday, October 2 01:45 p.m. - 2:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Saturday, October 2 01:45 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Saturday, October 2 02:00 p.m. - 2:55 p.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Lane Swim

Family Swim: 25m pools

Date and Time: Saturday, October 2 02:00 p.m. - 3:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

All children must be accompanied into the water by an adult regardless of swim ability

Family Swim: Warm Water Pool

Date and Time: Saturday, October 2 02:30 p.m. - 3:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Family Swim

Date and Time: Saturday, October 2 02:30 p.m. - 3:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Book Your Bubbles

Date and Time: Sunday, October 3 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Sunday, October 3 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Sunday, October 3 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Sunday, October 3 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Lane Swim

Date and Time: Sunday, October 3 01:00 p.m. - 1:55 p.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Lane Swim

Lane Swim

Date and Time: Sunday, October 3 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Sunday, October 3 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Aqua Strength

Date and Time: Sunday, October 3 01:30 p.m. - 2:30 p.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Aqua Strength - Warm Pool - Aqua Strength instruction is 45 minutes

Lane Swim

Date and Time: Sunday, October 3 01:45 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Sunday, October 3 01:45 p.m. - 2:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water & 25m pools

Date and Time: Sunday, October 3 02:00 p.m. - 3:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

All children must be accompanied into the water by an adult regardless of swim ability

Lane Swim

Date and Time: Sunday, October 3 02:00 p.m. - 2:55 p.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Lane Swim

Family Swim: Warm Water Pool

Date and Time: Sunday, October 3 02:30 p.m. - 3:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Family Swim

Date and Time: Sunday, October 3 02:30 p.m. - 3:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim

Date and Time: Sunday, October 3 02:45 p.m. - 3:45 p.m.

Address: 350 Margaret Ave, Kitchener, ON350 Margaret Ave, Kitchener, ON

Family Swim - Warm Pool

Monday, October 4, 2021

Finance and Corporate Services Committee - CANCELLED

Date and Time: Monday, October 4 12:00 a.m.

Aquafit: Deep Water

Date and Time: Monday, October 4 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from September 8 to 29

Aquafit: Shallow Water

Date and Time: Monday, October 4 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from September 8 to 29

AquaCardio

Date and Time: Monday, October 4 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Monday, October 4 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Warm Water Aqua Strength

Date and Time: Monday, October 4 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Lane Swim

Date and Time: Monday, October 4 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Deep & Shallow Water Combined

Date and Time: Monday, October 4 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Lane Swim

Date and Time: Monday, October 4 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Family Swim: Warm Water Pool

Date and Time: Monday, October 4 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Book Your Bubbles

Date and Time: Monday, October 4 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Monday, October 4 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Lane Swim

Date and Time: Monday, October 4 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Monday, October 4 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Monday, October 4 10:30 a.m. - 11:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Tuesday, October 5, 2021

Aquafit: Deep Water

Date and Time: Tuesday, October 5 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from September 7 to 30

Lane Swim

Date and Time: Tuesday, October 5 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Tuesday, October 5 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Shallow Water

Date and Time: Tuesday, October 5 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from September 7 to 30

Aquafit: Warm Water Aqua Strength

Date and Time: Tuesday, October 5 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Lane Swim

Date and Time: Tuesday, October 5 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Tuesday, October 5 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Tuesday, October 5 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Tuesday, October 5 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

AquaCardio Deep

Date and Time: Tuesday, October 5 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Book Your Bubbles

Date and Time: Tuesday, October 5 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Tuesday, October 5 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

AquaCardio Deep

Date and Time: Tuesday, October 5 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Lane Swim

Date and Time: Tuesday, October 5 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Tuesday, October 5 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Wednesday, October 6, 2021

Aquafit: Deep Water

Date and Time: Wednesday, October 6 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from September 8 to 29

Lane Swim

Date and Time: Wednesday, October 6 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Wednesday, October 6 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Shallow Water

Date and Time: Wednesday, October 6 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from September 8 to 29

Aquafit: Warm Water Aqua Strength

Date and Time: Wednesday, October 6 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Book Your Bubbles

Date and Time: Wednesday, October 6 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Wednesday, October 6 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Wednesday, October 6 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Wednesday, October 6 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Book Your Bubbles

Date and Time: Wednesday, October 6 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Wednesday, October 6 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Family Swim: Warm Water Pool

Date and Time: Wednesday, October 6 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Lane Swim

Date and Time: Wednesday, October 6 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Wednesday, October 6 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Wednesday, October 6 10:30 a.m. - 11:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Thursday, October 7, 2021

Aquafit: Deep Water

Date and Time: Thursday, October 7 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from September 7 to 30

Aquafit: Shallow Water

Date and Time: Thursday, October 7 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from September 7 to 30

Lane Swim

Date and Time: Thursday, October 7 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Thursday, October 7 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Warm Water Aqua Strength

Date and Time: Thursday, October 7 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Lane Swim

Date and Time: Thursday, October 7 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Deep & Shallow Water Combined

Date and Time: Thursday, October 7 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Lane Swim

Date and Time: Thursday, October 7 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Book Your Bubbles

Date and Time: Thursday, October 7 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio Deep

Date and Time: Thursday, October 7 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Lane Swim

Date and Time: Thursday, October 7 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Thursday, October 7 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio Deep

Date and Time: Thursday, October 7 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Lane Swim

Date and Time: Thursday, October 7 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Thursday, October 7 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Friday, October 8, 2021

Aquafit: Deep Water

Date and Time: Friday, October 8 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from September 8 to 29th

AquaCardio

Date and Time: Friday, October 8 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Shallow Water

Date and Time: Friday, October 8 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from September 8 to 29

Lane Swim

Date and Time: Friday, October 8 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Friday, October 8 08:15 a.m. - 9:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Warm Water Aqua Strength

Date and Time: Friday, October 8 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes.

Lane Swim

Date and Time: Friday, October 8 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Friday, October 8 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Friday, October 8 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Friday, October 8 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Family Swim: Warm Water Pool

Date and Time: Friday, October 8 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

AquaCardio

Date and Time: Friday, October 8 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Friday, October 8 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Friday, October 8 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Friday, October 8 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Saturday, October 9, 2021

Saturday farmers' market

Date and Time: Saturday, October 9 07:00 a.m. - 2:00 p.m.

Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON

Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

Oktoberfest Family Cooking Kit

Date and Time: Saturday, October 9 09:00 a.m. - 12:00 p.m.

Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON

Calendar Sync ID: 734d0dcb-ea96-4ebe-bef3-e4e465de9602

Oktoberfest Craft Kit with ArtShine

Date and Time: Saturday, October 9 09:00 a.m. - 11:00 a.m.

Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON

Calendar Sync ID: 0798e122-66f8-4e1d-b68a-60610cdd14da

Oktoberfest Cooking Demo with ChefD: Virtual

Date and Time: Saturday, October 9 10:00 a.m. - 11:00 a.m.

Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON

Calendar Sync ID: 870e4c90-2e89-4990-8863-44e9b400d837

Thanksgiving Family Cooking Kit with Chef Rob and TWB - Virtual

Date and Time: Saturday, October 9 11:00 a.m. - 1:00 p.m.

Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON

Calendar Sync ID: d2cefe94-9476-407e-900e-ff52a74f66f3

Book Your Bubbles

Date and Time: Saturday, October 9 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Saturday, October 9 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Saturday, October 9 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Saturday, October 9 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Saturday, October 9 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Saturday, October 9 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Saturday, October 9 01:45 p.m. - 2:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Saturday, October 9 01:45 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Family Swim: 25m pools

Date and Time: Saturday, October 9 02:00 p.m. - 3:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

All children must be accompanied into the water by an adult regardless of swim ability

Family Swim

Date and Time: Saturday, October 9 02:30 p.m. - 3:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Sunday, October 10, 2021

Family Swim: Warm Water & 25m pools

Date and Time: Sunday, October 10 02:00 p.m. - 3:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

All children must be accompanied into the water by an adult regardless of swim ability

Family Swim: Warm Water Pool

Date and Time: Sunday, October 10 02:30 p.m. - 3:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Family Swim: Warm Water & 25m pools

Date and Time: Sunday, October 10 03:00 p.m. - 4:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON 253 Fischer-Hallman Rd, Kitchener, ON

All children must be accompanied into the water by an adult regardless of swim ability

Family Swim: Warm Water Pool

Date and Time: Sunday, October 10 03:30 p.m. - 4:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON 253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Lane Swim

Date and Time: Sunday, October 10 04:00 p.m. - 5:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON 253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Family Swim: Warm Water Pool

Date and Time: Sunday, October 10 04:30 p.m. - 5:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON 253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Lane Swim

Date and Time: Sunday, October 10 05:00 p.m. - 6:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON 253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Family Swim: Warm Water Pool

Date and Time: Sunday, October 10 05:30 p.m. - 6:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON 253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Lane Swim

Date and Time: Sunday, October 10 06:00 p.m. - 7:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON 253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Family Swim: Warm Water Pool

Date and Time: Sunday, October 10 06:30 p.m. - 7:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON 253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Lane Swim

Date and Time: Tuesday, October 12 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Tuesday, October 12 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Book Your Bubbles

Date and Time: Tuesday, October 12 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Tuesday, October 12 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio Deep

Date and Time: Tuesday, October 12 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Book Your Bubbles

Date and Time: Tuesday, October 12 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio Deep

Date and Time: Tuesday, October 12 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Lane Swim

Date and Time: Tuesday, October 12 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Tuesday, October 12 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

AquaCardio

Date and Time: Tuesday, October 12 11:45 a.m. - 12:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Tuesday, October 12 11:45 a.m. - 12:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Tuesday, October 12 12:30 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

1 Hour Aquafitness. Taught in 25m pool.

Lane Swim

Date and Time: Tuesday, October 12 01:30 p.m. - 2:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Single lane, shared with Adult Swim

Adult Swim

Date and Time: Tuesday, October 12 01:30 p.m. - 2:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Not a Lane Swim. Age 18+

Lane Swim

Date and Time: Tuesday, October 12 02:15 p.m. - 3:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Single lane, shared with Adult Swim

Wednesday, October 13, 2021

AquaCardio

Date and Time: Wednesday, October 13 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Wednesday, October 13 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Wednesday, October 13 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Wednesday, October 13 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Book Your Bubbles

Date and Time: Wednesday, October 13 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Wednesday, October 13 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Wednesday, October 13 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Wednesday, October 13 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Wednesday, October 13 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in Alcove.

AquaCardio

Date and Time: Wednesday, October 13 11:45 a.m. - 12:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Wednesday, October 13 11:45 a.m. - 12:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Wednesday, October 13 12:30 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
1 Hour Aquafitness. Taught in 25m pool.

Lane Swim

Date and Time: Wednesday, October 13 01:30 p.m. - 2:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Let's Talk Fall Session

Date and Time: Wednesday, October 13 06:00 p.m. - 7:00 p.m.

Address: OnlineOnline

Let's Talk Fall Session

Date and Time: Wednesday, October 13 06:00 p.m. - 7:00 p.m.

Address: OnlineOnline

Thursday, October 14, 2021

AquaCardio

Date and Time: Thursday, October 14 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Thursday, October 14 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Thursday, October 14 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio Deep

Date and Time: Thursday, October 14 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Book Your Bubbles

Date and Time: Thursday, October 14 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio Deep

Date and Time: Thursday, October 14 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Book Your Bubbles

Date and Time: Thursday, October 14 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Thursday, October 14 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Thursday, October 14 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Thursday, October 14 11:45 a.m. - 12:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Thursday, October 14 11:45 a.m. - 12:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Thursday, October 14 12:30 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

1 Hour Aquafitness. Taught in 25m pool.

Adult Swim

Date and Time: Thursday, October 14 01:30 p.m. - 2:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Not a Lane Swim. Age 18+

Lane Swim

Date and Time: Thursday, October 14 01:30 p.m. - 2:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Single lane, shared with Adult Swim

Lane Swim

Date and Time: Thursday, October 14 02:15 p.m. - 3:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Single lane, shared with Adult Swim

Friday, October 15, 2021

Lane Swim

Date and Time: Friday, October 15 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Friday, October 15 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Friday, October 15 08:15 a.m. - 9:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Friday, October 15 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Friday, October 15 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Friday, October 15 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Friday, October 15 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Friday, October 15 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Friday, October 15 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Friday, October 15 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Friday, October 15 11:45 a.m. - 12:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Friday, October 15 11:45 a.m. - 12:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Friday, October 15 12:30 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

1 Hour Aquafitness. Taught in 25m pool.

Family Swim

Date and Time: Friday, October 15 03:30 p.m. - 4:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim

Date and Time: Friday, October 15 07:30 p.m. - 8:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Saturday, October 16, 2021

Saturday farmers' market

Date and Time: Saturday, October 16 07:00 a.m. - 2:00 p.m.

Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON

Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

20th Annual Frederick Art Walk

Date and Time: Saturday, October 16 10:00 a.m. - 5:00 p.m.

Address: Central Frederick Neighbourhood Central Frederick Neighbourhood

AquaCardio

Date and Time: Saturday, October 16 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON 600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Saturday, October 16 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Book Your Bubbles

Date and Time: Saturday, October 16 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Saturday, October 16 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON 600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Lane Swim

Date and Time: Saturday, October 16 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON 600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Saturday, October 16 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Book Your Bubbles

Date and Time: Saturday, October 16 01:45 p.m. - 2:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Saturday, October 16 01:45 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Family Swim

Date and Time: Saturday, October 16 02:30 p.m. - 3:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim

Date and Time: Saturday, October 16 03:30 p.m. - 4:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim

Date and Time: Saturday, October 16 04:30 p.m. - 5:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Book Your Bubbles

Date and Time: Saturday, October 16 06:15 p.m. - 7:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Saturday, October 16 06:15 p.m. - 7:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Sunday, October 17, 2021

20th Annual Frederick Art Walk

Date and Time: Sunday, October 17 10:00 a.m. - 5:00 p.m.

Address: Central Frederick NeighbourhoodCentral Frederick Neighbourhood

AquaCardio

Date and Time: Sunday, October 17 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Sunday, October 17 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Sunday, October 17 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Sunday, October 17 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Sunday, October 17 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Sunday, October 17 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Sunday, October 17 01:45 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Sunday, October 17 01:45 p.m. - 2:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim

Date and Time: Sunday, October 17 02:30 p.m. - 3:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim

Date and Time: Sunday, October 17 03:30 p.m. - 4:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim

Date and Time: Sunday, October 17 04:30 p.m. - 5:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim

Date and Time: Sunday, October 17 05:30 p.m. - 6:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Book Your Bubbles

Date and Time: Sunday, October 17 06:15 p.m. - 7:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Sunday, October 17 06:15 p.m. - 7:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Monday, October 18, 2021

Aquafit: Deep Water

Date and Time: Monday, October 18 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

Lane Swim

Date and Time: Monday, October 18 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Shallow Water

Date and Time: Monday, October 18 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

AquaCardio

Date and Time: Monday, October 18 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Warm Water Aqua Strength

Date and Time: Monday, October 18 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Lane Swim

Date and Time: Monday, October 18 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Monday, October 18 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Monday, October 18 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

AquaCardio

Date and Time: Monday, October 18 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Monday, October 18 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Monday, October 18 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Lane Swim

Date and Time: Monday, October 18 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Monday, October 18 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Monday, October 18 10:30 a.m. - 11:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

AquaCardio

Date and Time: Monday, October 18 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Tuesday, October 19, 2021

Aquafit: Deep Water

Date and Time: Tuesday, October 19 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from October 5 to 28

AquaCardio

Date and Time: Tuesday, October 19 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Tuesday, October 19 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Shallow Water

Date and Time: Tuesday, October 19 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from October 5 to 28

Aquafit: Warm Water Aqua Strength

Date and Time: Tuesday, October 19 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Book Your Bubbles

Date and Time: Tuesday, October 19 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Tuesday, October 19 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Deep & Shallow Water Combined

Date and Time: Tuesday, October 19 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Lane Swim

Date and Time: Tuesday, October 19 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

AquaCardio Deep

Date and Time: Tuesday, October 19 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Book Your Bubbles

Date and Time: Tuesday, October 19 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Committee of Adjustment Electronic Meeting

Date and Time: Tuesday, October 19 10:00 a.m. - 12:00 p.m.

Electronic meeting 10:00 a.m.

Lane Swim

Date and Time: Tuesday, October 19 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

AquaCardio Deep

Date and Time: Tuesday, October 19 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

AquaCardio

Date and Time: Tuesday, October 19 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Wednesday, October 20, 2021

Aquafit: Deep Water

Date and Time: Wednesday, October 20 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

Aquafit: Shallow Water

Date and Time: Wednesday, October 20 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

Lane Swim

Date and Time: Wednesday, October 20 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Wednesday, October 20 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Warm Water Aqua Strength

Date and Time: Wednesday, October 20 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Lane Swim

Date and Time: Wednesday, October 20 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Wednesday, October 20 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Wednesday, October 20 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Wednesday, October 20 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

AquaCardio

Date and Time: Wednesday, October 20 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Wednesday, October 20 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Wednesday, October 20 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Lane Swim

Date and Time: Wednesday, October 20 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Wednesday, October 20 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Wednesday, October 20 10:30 a.m. - 11:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Thursday, October 21, 2021

Aquafit: Deep Water

Date and Time: Thursday, October 21 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from October 5 to 28

Lane Swim

Date and Time: Thursday, October 21 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Shallow Water

Date and Time: Thursday, October 21 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from October 5 to 28

AquaCardio

Date and Time: Thursday, October 21 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Warm Water Aqua Strength

Date and Time: Thursday, October 21 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Lane Swim

Date and Time: Thursday, October 21 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Deep & Shallow Water Combined

Date and Time: Thursday, October 21 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Lane Swim

Date and Time: Thursday, October 21 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

AquaCardio Deep

Date and Time: Thursday, October 21 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Book Your Bubbles

Date and Time: Thursday, October 21 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Thursday, October 21 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

AquaCardio Deep

Date and Time: Thursday, October 21 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Book Your Bubbles

Date and Time: Thursday, October 21 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Thursday, October 21 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Thursday, October 21 11:00 a.m. - 12:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Friday, October 22, 2021

Aquafit: Deep Water

Date and Time: Friday, October 22 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

Lane Swim

Date and Time: Friday, October 22 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Friday, October 22 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Shallow Water

Date and Time: Friday, October 22 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

Lane Swim

Date and Time: Friday, October 22 08:15 a.m. - 9:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Warm Water Aqua Strength

Date and Time: Friday, October 22 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes.

Lane Swim

Date and Time: Friday, October 22 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Friday, October 22 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Friday, October 22 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Friday, October 22 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Family Swim: Warm Water Pool

Date and Time: Friday, October 22 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Book Your Bubbles

Date and Time: Friday, October 22 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Friday, October 22 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Lane Swim

Date and Time: Friday, October 22 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Friday, October 22 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Saturday, October 23, 2021

Saturday farmers' market

Date and Time: Saturday, October 23 07:00 a.m. - 2:00 p.m.

Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON

Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

Multi-sport #76337

Date and Time: Saturday, October 23 09:30 a.m. - 10:30 a.m.

Address: Downtown Community CentreDowntown Community Centre

Soccer Skills and Drills #76338

Date and Time: Saturday, October 23 11:00 a.m. - 12:00 p.m.

Address: Downtown Community CentreDowntown Community Centre

Book Your Bubbles

Date and Time: Saturday, October 23 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Saturday, October 23 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in 25m pool.

AquaCardio

Date and Time: Saturday, October 23 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Saturday, October 23 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Teen Hoops #76334

Date and Time: Saturday, October 23 12:30 p.m. - 2:30 p.m.

Address: Downtown Community CentreDowntown Community Centre

Book Your Bubbles

Date and Time: Saturday, October 23 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Saturday, October 23 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Saturday, October 23 01:45 p.m. - 2:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Saturday, October 23 01:45 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Family Swim: 25m pools

Date and Time: Saturday, October 23 02:00 p.m. - 3:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

25m Pool Only. All children must be accompanied into the water by an adult regardless of swim ability

Family Swim

Date and Time: Saturday, October 23 02:30 p.m. - 3:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim: Warm Water Pool

Date and Time: Saturday, October 23 02:30 p.m. - 3:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Sunday, October 24, 2021

Book Your Bubbles

Date and Time: Sunday, October 24 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Sunday, October 24 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

AquaCardio

Date and Time: Sunday, October 24 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Sunday, October 24 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Sunday, October 24 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Sunday, October 24 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Book Your Bubbles

Date and Time: Sunday, October 24 01:45 p.m. - 2:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Sunday, October 24 01:45 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Family Swim: 25m pools

Date and Time: Sunday, October 24 02:00 p.m. - 3:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

25m Pool Only. All children must be accompanied into the water by an adult regardless of swim ability

Family Swim: Warm Water Pool

Date and Time: Sunday, October 24 02:30 p.m. - 3:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Family Swim

Date and Time: Sunday, October 24 02:30 p.m. - 3:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim: 25m pools

Date and Time: Sunday, October 24 03:00 p.m. - 4:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

25m Pool Only. All children must be accompanied into the water by an adult regardless of swim ability

Family Swim

Date and Time: Sunday, October 24 03:30 p.m. - 4:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim: Warm Water Pool

Date and Time: Sunday, October 24 03:30 p.m. - 4:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Lane Swim

Date and Time: Sunday, October 24 04:00 p.m. - 5:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Monday, October 25, 2021

Aquafit: Deep Water

Date and Time: Monday, October 25 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

Lane Swim

Date and Time: Monday, October 25 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Monday, October 25 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Shallow Water

Date and Time: Monday, October 25 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

Aquafit: Warm Water Aqua Strength

Date and Time: Monday, October 25 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Lane Swim

Date and Time: Monday, October 25 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Deep & Shallow Water Combined

Date and Time: Monday, October 25 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Lane Swim

Date and Time: Monday, October 25 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Book Your Bubbles

Date and Time: Monday, October 25 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Monday, October 25 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

AquaCardio

Date and Time: Monday, October 25 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Lane Swim

Date and Time: Monday, October 25 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Monday, October 25 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Monday, October 25 10:30 a.m. - 11:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Lane Swim

Date and Time: Monday, October 25 11:00 a.m. - 12:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Tuesday, October 26, 2021

Aquafit: Deep Water

Date and Time: Tuesday, October 26 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from October 5 to 28

Aquafit: Shallow Water

Date and Time: Tuesday, October 26 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from October 5 to 28

Lane Swim

Date and Time: Tuesday, October 26 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Tuesday, October 26 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Aquafit: Warm Water Aqua Strength

Date and Time: Tuesday, October 26 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Book Your Bubbles

Date and Time: Tuesday, October 26 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Tuesday, October 26 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Tuesday, October 26 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Tuesday, October 26 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

AquaCardio Deep

Date and Time: Tuesday, October 26 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Book Your Bubbles

Date and Time: Tuesday, October 26 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Tuesday, October 26 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

AquaCardio Deep

Date and Time: Tuesday, October 26 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

AquaCardio

Date and Time: Tuesday, October 26 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Tuesday, October 26 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Wednesday, October 27, 2021

Aquafit: Deep Water

Date and Time: Wednesday, October 27 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

Lane Swim

Date and Time: Wednesday, October 27 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Aquafit: Shallow Water

Date and Time: Wednesday, October 27 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

AquaCardio

Date and Time: Wednesday, October 27 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in Alcove.

Aquafit: Warm Water Aqua Strength

Date and Time: Wednesday, October 27 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON
Warm Water Aquafit - aquafit instruction is 45 minutes

Book Your Bubbles

Date and Time: Wednesday, October 27 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Wednesday, October 27 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaFit: Deep & Shallow Water Combined

Date and Time: Wednesday, October 27 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water AquaFit - cardio workout, aquaFit instruction is 45 minutes, pool shared with lane swim

Lane Swim

Date and Time: Wednesday, October 27 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquaFit class

AquaCardio

Date and Time: Wednesday, October 27 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute AquaFitness. Taught in 25m pool.

Family Swim: Warm Water Pool

Date and Time: Wednesday, October 27 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Book Your Bubbles

Date and Time: Wednesday, October 27 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Wednesday, October 27 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Wednesday, October 27 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Wednesday, October 27 10:30 a.m. - 11:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Thursday, October 28, 2021

Aquafit: Deep Water

Date and Time: Thursday, October 28 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from October 5 to 28

AquaCardio

Date and Time: Thursday, October 28 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Thursday, October 28 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Shallow Water

Date and Time: Thursday, October 28 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Tuesday and Thursday from October 5 to 28

Aquafit: Warm Water Aqua Strength

Date and Time: Thursday, October 28 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes

Lane Swim

Date and Time: Thursday, October 28 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Thursday, October 28 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Thursday, October 28 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

AquaCardio Deep

Date and Time: Thursday, October 28 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Book Your Bubbles

Date and Time: Thursday, October 28 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Thursday, October 28 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Thursday, October 28 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio Deep

Date and Time: Thursday, October 28 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Deep Water Aquafitness class, 45 minutes

Lane Swim

Date and Time: Thursday, October 28 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

AquaCardio

Date and Time: Thursday, October 28 11:00 a.m. - 11:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Friday, October 29, 2021

Aquafit: Deep Water

Date and Time: Friday, October 29 07:00 a.m. - 7:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Deep Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

Aquafit: Shallow Water

Date and Time: Friday, October 29 08:00 a.m. - 8:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes. Runs each Mon, Wed, Fri from October 1 to 29

AquaCardio

Date and Time: Friday, October 29 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

Lane Swim

Date and Time: Friday, October 29 08:00 a.m. - 8:45 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aquafit: Warm Water Aqua Strength

Date and Time: Friday, October 29 08:30 a.m. - 9:15 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Aquafit - aquafit instruction is 45 minutes.

Book Your Bubbles

Date and Time: Friday, October 29 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Friday, October 29 08:45 a.m. - 9:30 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Lane Swim

Date and Time: Friday, October 29 09:00 a.m. - 10:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane, pool shared with aquafit class

Aquafit: Deep & Shallow Water Combined

Date and Time: Friday, October 29 09:00 a.m. - 9:45 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Shallow Water Aquafit - cardio workout, aquafit instruction is 45 minutes, pool shared with lane swim

Book Your Bubbles

Date and Time: Friday, October 29 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Friday, October 29 09:30 a.m. - 10:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

AquaCardio

Date and Time: Friday, October 29 09:30 a.m. - 10:15 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Lane Swim

Date and Time: Friday, October 29 10:00 a.m. - 11:00 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane

Book Your Bubbles

Date and Time: Friday, October 29 10:15 a.m. - 11:00 a.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: Warm Water Pool

Date and Time: Friday, October 29 10:30 a.m. - 11:30 a.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Saturday, October 30, 2021

Saturday farmers' market

Date and Time: Saturday, October 30 07:00 a.m. - 2:00 p.m.

Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON

Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

Multi-sport #76337

Date and Time: Saturday, October 30 09:30 a.m. - 10:30 a.m.

Address: Downtown Community CentreDowntown Community Centre

Soccer Skills and Drills #76338

Date and Time: Saturday, October 30 11:00 a.m. - 12:00 p.m.

Address: Downtown Community CentreDowntown Community Centre

Book Your Bubbles

Date and Time: Saturday, October 30 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Saturday, October 30 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

AquaCardio

Date and Time: Saturday, October 30 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Saturday, October 30 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Teen Hoops #76334

Date and Time: Saturday, October 30 12:30 p.m. - 2:30 p.m.

Address: Downtown Community CentreDowntown Community Centre

Lane Swim

Date and Time: Saturday, October 30 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Saturday, October 30 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Saturday, October 30 01:45 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Saturday, October 30 01:45 p.m. - 2:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: 25m pools

Date and Time: Saturday, October 30 02:00 p.m. - 3:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

25m Pool Only. All children must be accompanied into the water by an adult regardless of swim ability

Family Swim

Date and Time: Saturday, October 30 02:30 p.m. - 3:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim: Warm Water Pool

Date and Time: Saturday, October 30 02:30 p.m. - 3:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

AquaCardio

Date and Time: Sunday, October 31 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Sunday, October 31 11:30 a.m. - 12:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Sunday, October 31 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles

Date and Time: Sunday, October 31 12:15 p.m. - 1:00 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Sunday, October 31 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Sunday, October 31 01:00 p.m. - 1:45 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Sunday, October 31 01:45 p.m. - 1:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Sunday, October 31 01:45 p.m. - 2:30 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Family Swim: 25m pools

Date and Time: Sunday, October 31 02:00 p.m. - 3:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

25m Pool Only. All children must be accompanied into the water by an adult regardless of swim ability

Family Swim

Date and Time: Sunday, October 31 02:30 p.m. - 3:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Family Swim: Warm Water Pool

Date and Time: Sunday, October 31 02:30 p.m. - 3:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Family Swim: 25m pools

Date and Time: Sunday, October 31 03:00 p.m. - 4:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

25m Pool Only. All children must be accompanied into the water by an adult regardless of swim ability

Family Swim: Warm Water Pool

Date and Time: Sunday, October 31 03:30 p.m. - 4:30 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Warm Water Pool Only. All children must be accompanied into the water by an adult, regardless of swim ability

Family Swim

Date and Time: Sunday, October 31 03:30 p.m. - 4:15 p.m.

Address: 600 Heritage Dr, Kitchener, ON600 Heritage Dr, Kitchener, ON

Family Swim. Children must be accompanied by an adult.

Lane Swim

Date and Time: Sunday, October 31 04:00 p.m. - 5:00 p.m.

Address: 253 Fischer-Hallman Rd, Kitchener, ON253 Fischer-Hallman Rd, Kitchener, ON

Lane Swimming, up to 3 swimmers per lane