Thursday, July 1, 2021

Lane Swim
Date and Time: Thursday, July 1 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Thursday, July 1 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Thursday, July 1 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Thursday, July 1 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Thursday, July 1 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Thursday, July 1 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Thursday, July 1 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends
Lane Swim
Date and Time: Thursday, July 1 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Thursday, July 1 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Thursday, July 1 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Thursday, July 1 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Thursday, July 1 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Thursday, July 1 02:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Thursday, July 1 02:00 p.m. - 3:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Thursday, July 1 02:00 p.m. - 2:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older
Friday, July 2, 2021

Lane Swim
Date and Time: Friday, July 2 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Friday, July 2 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Friday, July 2 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Friday, July 2 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Friday, July 2 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Friday, July 2 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Friday, July 2 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Friday, July 2 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Friday, July 2 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Friday, July 2 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Friday, July 2 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Friday, July 2 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Friday, July 2 02:00 p.m. - 2:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Friday, July 2 02:00 p.m. - 3:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Lane Swim
Date and Time: Friday, July 2 02:00 p.m. - 2:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane
Saturday, July 3, 2021

**Saturday farmers' market**

Date and Time: Saturday, July 3 07:00 a.m. - 2:00 p.m.
Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON
Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

**Lane Swim**

Date and Time: Saturday, July 3 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Saturday, July 3 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Saturday, July 3 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Virtual Kids in the Kitchen**

Date and Time: Saturday, July 3 10:00 a.m. - 11:00 a.m.
Address: 300 King St E, Kitchener, ON300 King St E, Kitchener, ON
Calendar Sync ID: b602a11e-08ee-4ada-b983-a7fda9bf5777

**Family Swim**

Date and Time: Saturday, July 3 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Saturday, July 3 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Saturday, July 3 11:30 a.m. - 12:25 p.m.
Lane Swim
Date and Time: Saturday, July 3 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Saturday, July 3 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Saturday, July 3 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Saturday, July 3 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Saturday, July 3 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Saturday, July 3 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Saturday, July 3 02:00 p.m. - 3:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older
**Lane Swim**

Date and Time: Sunday, July 4 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 4 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Sunday, July 4 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 4 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Sunday, July 4 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 4 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Sunday, July 4 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 4 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older
Family Swim
Date and Time: Sunday, July 4 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Sunday, July 4 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Sunday, July 4 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Sunday, July 4 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Sunday, July 4 02:00 p.m. - 3:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Sunday, July 4 02:00 p.m. - 2:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Lane Swim
Date and Time: Sunday, July 4 02:00 p.m. - 2:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Monday, July 5, 2021

Lane Swim
Date and Time: Monday, July 5 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Monday, July 5 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Monday, July 5 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**AquaCardio**

Date and Time: Monday, July 5 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

**Family Swim**

Date and Time: Monday, July 5 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Monday, July 5 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**AquaCardio**

Date and Time: Monday, July 5 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

**Family Swim**

Date and Time: Monday, July 5 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Monday, July 5 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane
Date and Time: Monday, July 5 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Monday, July 5 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Monday, July 5 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Monday, July 5 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Monday, July 5 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Monday, July 5 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Monday, July 5 02:00 p.m. - 3:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Tuesday, July 6, 2021

Lane Swim
Date and Time: Tuesday, July 6 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Family Swim
Date and Time: Tuesday, July 6 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Tuesday, July 6 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Tuesday, July 6 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aqua fit class

Family Swim
Date and Time: Tuesday, July 6 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Tuesday, July 6 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Tuesday, July 6 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aqua fit class

Family Swim
Date and Time: Tuesday, July 6 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Tuesday, July 6 12:00 p.m. - 12:55 p.m.
Family Swim

Date and Time: Tuesday, July 6 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim

Date and Time: Tuesday, July 6 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim

Date and Time: Tuesday, July 6 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim

Date and Time: Tuesday, July 6 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim

Date and Time: Tuesday, July 6 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim

Date and Time: Tuesday, July 6 02:00 p.m. - 3:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Wednesday, July 7, 2021

Lane Swim

Date and Time: Wednesday, July 7 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane
Family Swim
Date and Time: Wednesday, July 7 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Wednesday, July 7 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Wednesday, July 7 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Wednesday, July 7 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Wednesday, July 7 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Wednesday, July 7 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Wednesday, July 7 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Wednesday, July 7 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane
Family Swim
Date and Time: Wednesday, July 7 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Wednesday, July 7 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Wednesday, July 7 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Wednesday, July 7 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Wednesday, July 7 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Wednesday, July 7 02:00 p.m. - 3:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Thursday, July 8, 2021

Lane Swim
Date and Time: Thursday, July 8 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Lane Swim

Date and Time: Thursday, July 8 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio

Date and Time: Thursday, July 8 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim

Date and Time: Thursday, July 8 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim

Date and Time: Thursday, July 8 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio

Date and Time: Thursday, July 8 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim

Date and Time: Thursday, July 8 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim

Date and Time: Thursday, July 8 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane
Family Swim

Date and Time: Thursday, July 8 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim

Date and Time: Thursday, July 8 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim

Date and Time: Thursday, July 8 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim

Date and Time: Thursday, July 8 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim

Date and Time: Thursday, July 8 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Friday, July 9, 2021

Lane Swim

Date and Time: Friday, July 9 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim

Date and Time: Friday, July 9 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Friday, July 9 10:00 a.m. - 10:55 a.m.

Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**AquaCardio**

Date and Time: Friday, July 9 10:15 a.m. - 11:00 a.m.

Address: 5 Thaler Ave, Kitchener, ON

45 minute aquafit class

**Family Swim**

Date and Time: Friday, July 9 10:30 a.m. - 11:25 a.m.

Address: 115 Woodside Avenue, Kitchener, ON

1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Friday, July 9 11:00 a.m. - 11:55 a.m.

Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**AquaCardio**

Date and Time: Friday, July 9 11:00 a.m. - 11:45 a.m.

Address: 5 Thaler Ave, Kitchener, ON

45 minute aquafit class

**Family Swim**

Date and Time: Friday, July 9 11:30 a.m. - 12:25 p.m.

Address: 115 Woodside Avenue, Kitchener, ON

1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Friday, July 9 12:00 p.m. - 12:55 p.m.

Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Friday, July 9 12:00 p.m. - 12:45 p.m.
Family Swim
Date and Time: Friday, July 9 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Family Swim
Date and Time: Friday, July 9 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Friday, July 9 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Friday, July 9 02:00 p.m. - 3:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Saturday, July 10, 2021

Saturday farmers' market
Date and Time: Saturday, July 10 07:00 a.m. - 2:00 p.m.
Address: 300 King St E, Kitchener, ON
Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

The Incredible Kidney Quest
Date and Time: Saturday, July 10 08:00 a.m.
Address: your hometown
The Incredible Kidney Quest
Date and Time: Saturday, July 10 08:00 a.m.
Address: your hometown

Lane Swim
Date and Time: Saturday, July 10 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Saturday, July 10 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Saturday, July 10 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Virtual Kids in the Kitchen
Date and Time: Saturday, July 10 10:00 a.m. - 11:00 a.m.
Address: 300 King St E, Kitchener, ON
Calendar Sync ID: b602a11e-08ee-4ada-b983-a7fda9bf5777

Family Swim
Date and Time: Saturday, July 10 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Saturday, July 10 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Saturday, July 10 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends
**Lane Swim**

Date and Time: Saturday, July 10 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Saturday, July 10 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**

Date and Time: Saturday, July 10 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Saturday, July 10 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Saturday, July 10 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

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**Sunday, July 11, 2021**

**Lane Swim**

Date and Time: Sunday, July 11 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 11 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Sunday, July 11 10:00 a.m. - 10:55 a.m.
**Family Swim**

Date and Time: Sunday, July 11 10:30 a.m. - 11:25 a.m.

Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Sunday, July 11 11:00 a.m. - 11:55 a.m.

Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 11 11:30 a.m. - 12:25 p.m.

Address: 115 Woodside Avenue, Kitchener, ON

1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Sunday, July 11 12:00 p.m. - 12:55 p.m.

Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 11 12:30 p.m. - 1:25 p.m.

Address: 115 Woodside Avenue, Kitchener, ON

Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**

Date and Time: Sunday, July 11 12:00 p.m. - 12:45 p.m.

Address: 115 Woodside Avenue, Kitchener, ON

2 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Sunday, July 11 01:00 p.m. - 1:55 p.m.

Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**Family Swim**
Family Swim
Date and Time: Sunday, July 11 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Sunday, July 11 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Sunday, July 11 02:00 p.m. - 2:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Lane Swim
Date and Time: Sunday, July 11 02:00 p.m. - 2:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Monday, July 12, 2021

Lane Swim
Date and Time: Monday, July 12 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Monday, July 12 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Monday, July 12 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Kitchener Connections: Fact or Fiction
Date and Time: Monday, July 12 10:00 a.m. - 10:30 a.m.
Address: Phone

AquaCardio
Date and Time: Monday, July 12 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Monday, July 12 10:30 a.m. - 11:00 a.m.
Address: 115 Woodside Avenue, Kitchener, ON 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Monday, July 12 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Monday, July 12 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON 1000 Kiwanis Park Dr, Kitchener, ON
Morning Family Swim

AquaCardio
Date and Time: Monday, July 12 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Monday, July 12 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Monday, July 12 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim

Date and Time: Monday, July 12 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim

Date and Time: Monday, July 12 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim

Date and Time: Monday, July 12 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim

Date and Time: Monday, July 12 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Tuesday, July 13, 2021

Lane Swim

Date and Time: Tuesday, July 13 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim

Date and Time: Tuesday, July 13 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim

Date and Time: Tuesday, July 13 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane
Kitchener Connections: Tuesday Trivia

Date and Time: Tuesday, July 13 10:00 a.m. - 10:30 a.m.
Address: Phone

AquaCardio

Date and Time: Tuesday, July 13 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim

Date and Time: Tuesday, July 13 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim

Date and Time: Tuesday, July 13 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim

Date and Time: Tuesday, July 13 11:00 a.m. - 11:55 a.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON
1000 Kiwanis Park Dr, Kitchener, ON
Morning Family Swim

AquaCardio

Date and Time: Tuesday, July 13 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim

Date and Time: Tuesday, July 13 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim

Date and Time: Tuesday, July 13 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane
Family Swim
Date and Time: Tuesday, July 13 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Tuesday, July 13 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Tuesday, July 13 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Tuesday, July 13 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Wednesday, July 14, 2021

Lane Swim
Date and Time: Wednesday, July 14 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Wednesday, July 14 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Wednesday, July 14 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Wednesday, July 14 10:15 a.m. - 11:00 a.m.
Family Swim
Date and Time: Wednesday, July 14 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Wednesday, July 14 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Wednesday, July 14 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON
Morning Family Swim

AquaCardio
Date and Time: Wednesday, July 14 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Wednesday, July 14 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Wednesday, July 14 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Wednesday, July 14 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Family Swim
Date and Time: Wednesday, July 14 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Lane Swim
Date and Time: Wednesday, July 14 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Family Swim
Date and Time: Wednesday, July 14 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Thursday, July 15, 2021

Lane Swim
Date and Time: Thursday, July 15 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Thursday, July 15 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Thursday, July 15 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Thursday, July 15 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

**Family Swim**

Date and Time: Thursday, July 15 10:30 a.m. - 11:25 a.m.

Address: 115 Woodside Avenue, Kitchener, ON 115 Woodside Avenue, Kitchener, ON

1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Thursday, July 15 11:00 a.m. - 11:55 a.m.

Address: 115 Woodside Avenue, Kitchener, ON 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Thursday, July 15 11:00 a.m. - 2:00 p.m.

Address: 1000 Kiwanis Park Dr, Kitchener, ON 1000 Kiwanis Park Dr, Kitchener, ON

Morning Family Swim

**AquaCardio**

Date and Time: Thursday, July 15 11:00 a.m. - 11:45 a.m.

Address: 5 Thaler Ave, Kitchener, ON 5 Thaler Ave, Kitchener, ON

45 minute aquafit class

**Family Swim**

Date and Time: Thursday, July 15 11:30 a.m. - 12:25 p.m.

Address: 115 Woodside Avenue, Kitchener, ON 115 Woodside Avenue, Kitchener, ON

1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Thursday, July 15 12:00 p.m. - 12:55 p.m.

Address: 115 Woodside Avenue, Kitchener, ON 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Thursday, July 15 12:00 p.m. - 1:00 p.m.

Address: 5 Thaler Ave, Kitchener, ON 5 Thaler Ave, Kitchener, ON

Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**

Date and Time: Thursday, July 15 12:00 p.m. - 1:00 p.m.
Family Swim

Date and Time: Thursday, July 15 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Family Swim

Date and Time: Thursday, July 15 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Friday, July 16, 2021

Lane Swim

Date and Time: Friday, July 16 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim

Date and Time: Friday, July 16 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim

Date and Time: Friday, July 16 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio

Date and Time: Friday, July 16 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class
Family Swim
Date and Time: Friday, July 16 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Friday, July 16 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Friday, July 16 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON
Morning Family Swim

AquaCardio
Date and Time: Friday, July 16 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Friday, July 16 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Friday, July 16 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Friday, July 16 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older
Family Swim
Date and Time: Friday, July 16 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Friday, July 16 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Friday, July 16 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Saturday, July 17, 2021

Saturday farmers' market
Date and Time: Saturday, July 17 07:00 a.m. - 2:00 p.m.
Address: 300 King St E, Kitchener, ON
Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

Lane Swim
Date and Time: Saturday, July 17 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Saturday, July 17 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Saturday, July 17 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Virtual Kids in the Kitchen
Family Swim
Date and Time: Saturday, July 17 10:00 a.m. - 11:00 a.m.
Address: 300 King St E, Kitchener, ON

Family Swim
Date and Time: Saturday, July 17 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON

Family Swim
Date and Time: Saturday, July 17 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON

Family Swim
Date and Time: Saturday, July 17 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON

Family Swim
Date and Time: Saturday, July 17 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Date and Time: Saturday, July 17 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Saturday, July 17 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Saturday, July 17 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

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**Sunday, July 18, 2021**

**Lane Swim**

Date and Time: Sunday, July 18 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 18 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Sunday, July 18 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 18 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Sunday, July 18 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Family Swim
Date and Time: Sunday, July 18 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Sunday, July 18 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Family Swim
Date and Time: Sunday, July 18 12:00 p.m. - 12:45 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Sunday, July 18 12:30 p.m. - 1:25 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Sunday, July 18 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Sunday, July 18 1:00 p.m. - 1:45 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Sunday, July 18 1:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Sunday, July 18 1:00 p.m. - 1:45 p.m.
**Family Swim**

Date and Time: Sunday, July 18 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON

1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

**Urban Sketching Workshop: Charcoal**

Date and Time: Sunday, July 18 01:00 p.m. - 4:00 p.m.
Address: Downtown Kitchener

**Monday, July 19, 2021**

**Virtual programming summer camp - Beaver coding Academy**

Date and Time: Monday, July 19 08:00 a.m. - 4:00 p.m.
Address: online

**Lane Swim**

Date and Time: Monday, July 19 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Monday, July 19 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON

1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Monday, July 19 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**AquaCardio**

Date and Time: Monday, July 19 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON

45 minute aqua fit class

**Family Swim**
Lane Swim
Date and Time: Monday, July 19 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Monday, July 19 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Monday, July 19 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON
Morning Family Swim

Family Swim
Date and Time: Monday, July 19 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Monday, July 19 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Monday, July 19 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Monday, July 19 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older
Date and Time: Monday, July 19 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Monday, July 19 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Tuesday, July 20, 2021

**Virtual programming summer camp - Beaver coding Academy**

Date and Time: Tuesday, July 20 08:00 a.m. - 4:00 p.m.
Address: online

**Lane Swim**

Date and Time: Tuesday, July 20 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Tuesday, July 20 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Tuesday, July 20 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Kitchener Connections: Fun Facts!**

Date and Time: Tuesday, July 20 10:00 a.m. - 10:30 a.m.

**AquaCardio**

Date and Time: Tuesday, July 20 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

**Family Swim**
Lane Swim
Date and Time: Tuesday, July 20 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Tuesday, July 20 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Tuesday, July 20 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON
Morning Family Swim

Family Swim
Date and Time: Tuesday, July 20 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Tuesday, July 20 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Tuesday, July 20 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim
Date and Time: Tuesday, July 20 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older
Family Swim
Date and Time: Tuesday, July 20 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

Wednesday, July 21, 2021

Virtual programming summer camp - Beaver coding Academy
Date and Time: Wednesday, July 21 08:00 a.m. - 4:00 p.m.
Address: online

Lane Swim
Date and Time: Wednesday, July 21 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Wednesday, July 21 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Wednesday, July 21 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Wednesday, July 21 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Wednesday, July 21 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Wednesday, July 21 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
**AquaCardio**

Date and Time: Wednesday, July 21 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON

45 minute aquafit class

**Family Swim**

Date and Time: Wednesday, July 21 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON

Morning Family Swim

**Family Swim**

Date and Time: Wednesday, July 21 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON

1 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Wednesday, July 21 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Wednesday, July 21 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON

1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**

Date and Time: Wednesday, July 21 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON

Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**

Date and Time: Wednesday, July 21 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON

2 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Wednesday, July 21 1:00 p.m. - 1:55 p.m.
Thursday, July 22, 2021

Virtual programming summer camp - Beaver coding Academy
Date and Time: Thursday, July 22 08:00 a.m. - 4:00 p.m.
Address: online

Lane Swim
Date and Time: Thursday, July 22 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Thursday, July 22 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Thursday, July 22 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Thursday, July 22 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Thursday, July 22 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Kitchener Connections: Would You Rather?
Date and Time: Thursday, July 22 10:30 a.m. - 11:00 a.m.
Address: Phone

Lane Swim
AquaCardio

Date and Time: Thursday, July 22 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim

Date and Time: Thursday, July 22 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON
Morning Family Swim

Family Swim

Date and Time: Thursday, July 22 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Family Swim

Date and Time: Thursday, July 22 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

Family Swim

Date and Time: Thursday, July 22 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

Family Swim

Date and Time: Thursday, July 22 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends
Lane Swim
Date and Time: Friday, July 23 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Friday, July 23 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Friday, July 23 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Friday, July 23 10:15 a.m. - 11:00 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Friday, July 23 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Friday, July 23 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

AquaCardio
Date and Time: Friday, July 23 11:00 a.m. - 11:45 a.m.
Address: 5 Thaler Ave, Kitchener, ON
45 minute aquafit class

Family Swim
Date and Time: Friday, July 23 11:00 a.m. - 2:00 p.m.
**Family Swim**
Date and Time: Friday, July 23 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**
Date and Time: Friday, July 23 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**
Date and Time: Friday, July 23 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**
Date and Time: Friday, July 23 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**
Date and Time: Friday, July 23 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

**Lane Swim**
Date and Time: Friday, July 23 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**
Date and Time: Friday, July 23 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

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**Saturday, July 24, 2021**
Saturday farmers' market
Date and Time: Saturday, July 24 07:00 a.m. - 2:00 p.m.
Address: 300 King St E, Kitchener, ON
Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

Lane Swim
Date and Time: Saturday, July 24 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Teddy Bear Picnic Day
Date and Time: Saturday, July 24 09:00 a.m. - 6:00 p.m.

Family Swim
Date and Time: Saturday, July 24 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Saturday, July 24 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Virtual Kids in the Kitchen
Date and Time: Saturday, July 24 10:00 a.m. - 10:00 a.m.
Address: 300 King St E, Kitchener, ON
Calendar Sync ID: b602a11e-08ee-4ada-b983-a7fda9bf5777

National Service Dogs - Charity Splash Dock Diving
Date and Time: Saturday, July 24 10:00 a.m. - 5:00 p.m.
Address: K9 Fun Zone 5285 Highway #6 Caledonia Ontario Canada N3W1Z9

Family Swim
Date and Time: Saturday, July 24 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Saturday, July 24 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**
Date and Time: Saturday, July 24 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON
Morning Family Swim

**Family Swim**
Date and Time: Saturday, July 24 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

**Lane Swim**
Date and Time: Saturday, July 24 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**
Date and Time: Saturday, July 24 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**
Date and Time: Saturday, July 24 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

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**Sunday, July 25, 2021**

**Virtual programming summer camp - Beaver coding Academy**
Date and Time: Sunday, July 25 08:00 a.m. - 4:00 p.m.
Address: online
Lane Swim
Date and Time: Sunday, July 25 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Sunday, July 25 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Sunday, July 25 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Sunday, July 25 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Sunday, July 25 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Sunday, July 25 11:30 a.m. - 12:25 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON1000 Kiwanis Park Dr, Kitchener, ON
Morning Family Swim

Family Swim
Date and Time: Sunday, July 25 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
1 hour family swimming, deep and shallow ends

Lane Swim
Date and Time: Sunday, July 25 12:00 p.m. - 12:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane
**Family Swim**

Date and Time: Sunday, July 25 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**

Date and Time: Sunday, July 25 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**

Date and Time: Sunday, July 25 12:30 p.m. - 1:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
2 hour family swimming, deep and shallow ends

**Lane Swim**

Date and Time: Monday, July 26 01:00 p.m. - 1:55 p.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Sunday, July 25 01:00 p.m. - 1:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON
Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**

Date and Time: Sunday, July 25 01:00 p.m. - 2:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON
1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

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**Monday, July 26, 2021**

**Virtual programming summer camp - Beaver coding Academy**

Date and Time: Monday, July 26 08:00 a.m. - 4:00 p.m.
Address: online

**Lane Swim**

Date and Time: Monday, July 26 08:00 a.m. - 8:45 a.m.
**Book Your Bubbles**

Date and Time: Monday, July 26 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

**AquaCardio**

Date and Time: Monday, July 26 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

**Aqua Cardio**

Date and Time: Monday, July 26 08:00 a.m. - 8:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON

45 Minute Aquafitness. Taught in Alcove.

**Aqua Strength**

Date and Time: Monday, July 26 08:15 a.m. - 9:15 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Aqua Strength - Warm Pool - Aqua Strength instruction is 45 minutes

**Book Your Bubbles**

Date and Time: Monday, July 26 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

**Lane Swim**

Date and Time: Monday, July 26 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

**Aqua Cardio**

Date and Time: Monday, July 26 09:00 a.m. - 9:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Aqua Cardio

**Lane Swim**
Family Swim
Date and Time: Monday, July 26 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Adult Swim
Date and Time: Monday, July 26 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, Shallow end only

Book Your Bubbles
Date and Time: Monday, July 26 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio
Date and Time: Monday, July 26 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in 25m pool.

Lane Swim
Date and Time: Monday, July 26 10:00 a.m. - 10:55 a.m.
Address: 350 Margaret Ave, Kitchener, ON
Lane Swim

Tuesday, July 27, 2021

Lane Swim
Date and Time: Tuesday, July 27 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

AquaCardio
Date and Time: Tuesday, July 27 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Book Your Bubbles

Date and Time: Tuesday, July 27 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Virtual programming summer camp - Beaver coding Academy

Date and Time: Tuesday, July 27 08:00 a.m. - 4:00 p.m.
Address: online

Lane Swim

Date and Time: Tuesday, July 27 08:00 a.m. - 8:55 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Lane Swim

Aqua Strength

Date and Time: Tuesday, July 27 08:15 a.m. - 9:15 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Aqua Strength - Warm Pool - Aqua Strength instruction is 45 minutes

Book Your Bubbles

Date and Time: Tuesday, July 27 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Tuesday, July 27 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

Aqua Cardio

Date and Time: Tuesday, July 27 09:00 a.m. - 9:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Aqua Cardio

Lane Swim

Date and Time: Tuesday, July 27 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Tuesday, July 27 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, Shallow end only

**Adult Swim**

Date and Time: Tuesday, July 27 09:30 a.m. - 10:30 a.m.
Address: 350 Margaret Ave, Kitchener, ON
Adult Swim - Warm Pool

**Book Your Bubbles**

Date and Time: Tuesday, July 27 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

**AquaCardio Deep**

Date and Time: Tuesday, July 27 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Deep Water Aquafitness class, 45 minutes

**Aqua Cardio**

Date and Time: Tuesday, July 27 10:00 a.m. - 10:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON

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**Wednesday, July 28, 2021**

**Aqua Cardio**

Date and Time: Wednesday, July 28 08:00 a.m. - 8:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON

**AquaCardio**

Date and Time: Wednesday, July 28 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in Alcove.
**Book Your Bubbles**

Date and Time: Wednesday, July 28 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

**Lane Swim**

Date and Time: Wednesday, July 28 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

**Virtual programming summer camp - Beaver coding Academy**

Date and Time: Wednesday, July 28 08:00 a.m. - 4:00 p.m.
Address: online

**Aqua Strength**

Date and Time: Wednesday, July 28 08:15 a.m. - 9:15 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Aqua Strength - Warm Pool - Aqua Strength instruction is 45 minutes

**Lane Swim**

Date and Time: Wednesday, July 28 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON

45 minute lane swim, 2 people per lane

**Book Your Bubbles**

Date and Time: Wednesday, July 28 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

**Aqua Cardio**

Date and Time: Wednesday, July 28 09:00 a.m. - 9:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Aqua Cardio

**Lane Swim**

Date and Time: Wednesday, July 28 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON

Lane Swimming, 1 swimmer per lane
Family Swim

Date and Time: Wednesday, July 28 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, Shallow end only

Adult Swim

Date and Time: Wednesday, July 28 09:30 a.m. - 10:30 a.m.
Address: 350 Margaret Ave, Kitchener, ON
Adult Swim - Warm Pool

Book Your Bubbles

Date and Time: Wednesday, July 28 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Wednesday, July 28 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in 25m pool.

Lane Swim

Date and Time: Wednesday, July 28 10:00 a.m. - 10:55 a.m.
Address: 350 Margaret Ave, Kitchener, ON
Lane Swim

Thursday, July 29, 2021

Lane Swim

Date and Time: Thursday, July 29 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Book Your Bubbles

Date and Time: Thursday, July 29 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

AquaCardio

Date and Time: Thursday, July 29 08:00 a.m. - 8:45 a.m.
Virtual programming summer camp - Beaver coding Academy

Date and Time: Thursday, July 29 08:00 a.m. - 4:00 p.m.
Address: onlineonline

Lane Swim

Date and Time: Thursday, July 29 08:00 a.m. - 8:55 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Aqua Strength

Date and Time: Thursday, July 29 08:15 a.m. - 9:15 a.m.
Address: 350 Margaret Ave, Kitchener, ON
Aqua Strength - Warm Pool - Aqua Strength instruction is 45 minutes

Book Your Bubbles

Date and Time: Thursday, July 29 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim

Date and Time: Thursday, July 29 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Aqua Cardio

Date and Time: Thursday, July 29 09:00 a.m. - 9:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Lane Swim

Date and Time: Thursday, July 29 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim

Date and Time: Thursday, July 29 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON

1 hour family swimming, Shallow end only

**Adult Swim**

Date and Time: Thursday, July 29 09:30 a.m. - 10:30 a.m.
Address: 350 Margaret Ave, Kitchener, ON
Adult Swim - Warm Pool

**Book Your Bubbles**

Date and Time: Thursday, July 29 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

**AquaCardio Deep**

Date and Time: Thursday, July 29 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Deep Water Aquafitness class, 45 minutes

**Aqua Cardio**

Date and Time: Thursday, July 29 10:00 a.m. - 10:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Friday, July 30, 2021

**AquaCardio**

Date and Time: Friday, July 30 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in Alcove.

**Lane Swim**

Date and Time: Friday, July 30 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

**Aqua Cardio**

Date and Time: Friday, July 30 08:00 a.m. - 8:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON
Virtual programming summer camp - Beaver coding Academy
Date and Time: Friday, July 30 08:00 a.m. - 4:00 p.m.
Address: online

Book Your Bubbles
Date and Time: Friday, July 30 08:00 a.m. - 8:45 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Aqua Strength
Date and Time: Friday, July 30 08:15 a.m. - 9:15 a.m.
Address: 350 Margaret Ave, Kitchener, ON
Aqua Strength - Warm Pool - Aqua Strength instruction is 45 minutes

Lane Swim
Date and Time: Friday, July 30 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 minute lane swim, 2 people per lane

Book Your Bubbles
Date and Time: Friday, July 30 08:45 a.m. - 9:30 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Aqua Cardio
Date and Time: Friday, July 30 09:00 a.m. - 9:45 a.m.
Address: 350 Margaret Ave, Kitchener, ON
Aqua Cardio

Lane Swim
Date and Time: Friday, July 30 09:00 a.m. - 9:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Friday, July 30 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, Shallow end only

1 hour family swimming, Shallow end only
Adult Swim
Date and Time: Friday, July 30 09:30 a.m. - 10:30 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Adult Swim - Warm Pool

AquaCardio
Date and Time: Friday, July 30 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
45 Minute Aquafitness. Taught in 25m pool.

Book Your Bubbles
Date and Time: Friday, July 30 09:30 a.m. - 10:15 a.m.
Address: 600 Heritage Dr, Kitchener, ON
Exclusive use of Swirl Pool with jets. Max 6 per registration.

Lane Swim
Date and Time: Friday, July 30 10:00 a.m. - 10:55 a.m.
Address: 350 Margaret Ave, Kitchener, ON

Saturday, July 31, 2021

Saturday farmers' market
Date and Time: Saturday, July 31 07:00 a.m. - 2:00 p.m.
Address: 300 King St E, Kitchener, ON
Calendar Sync ID: a866cd93-0ca8-4919-8805-62bc9c682e35

Lane Swim
Date and Time: Saturday, July 31 10:00 a.m. - 10:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
Lane Swimming, 1 swimmer per lane

Family Swim
Date and Time: Saturday, July 31 09:30 a.m. - 10:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON
1 hour family swimming, Shallow end only

Lane Swim
Date and Time: Saturday, July 31 10:00 a.m. - 10:55 a.m.
Virtual Kids in the Kitchen

Date and Time: Saturday, July 31 10:00 a.m. - 11:00 a.m.
Address: 300 King St E, Kitchener, ON

Family Swim

Date and Time: Saturday, July 31 10:30 a.m. - 11:25 a.m.
Address: 115 Woodside Avenue, Kitchener, ON

Lane Swim

Date and Time: Saturday, July 31 11:00 a.m. - 11:55 a.m.
Address: 115 Woodside Avenue, Kitchener, ON

Family Swim

Date and Time: Saturday, July 31 11:00 a.m. - 2:00 p.m.
Address: 1000 Kiwanis Park Dr, Kitchener, ON

Family Swim

Date and Time: Saturday, July 31 11:30 a.m. - 12:25 p.m.
Address: 115 Woodside Avenue, Kitchener, ON

AquaCardio

Date and Time: Saturday, July 31 11:30 a.m. - 12:15 p.m.
Address: 600 Heritage Dr, Kitchener, ON

Book Your Bubbles

Date and Time: Saturday, July 31 11:30 a.m. - 12:15 p.m.
Address: 600 Heritage Dr, Kitchener, ON

Lane Swim
Lane Swimming, 1 swimmer per lane

**Family Swim**

Date and Time: Saturday, July 31 12:00 p.m. - 12:45 p.m.
Address: 5 Thaler Ave, Kitchener, ON

Family Swim: 45 minutes. Children must be accompanied in the water by someone age 18 years or older

**Family Swim**

Date and Time: Saturday, July 31 12:00 p.m. - 1:00 p.m.
Address: 78 Wilson Ave, Kitchener, ON

1 hour Family Swim. Children must be accompanied in the water by someone age 18 years or older

**Book Your Bubbles**

Date and Time: Saturday, July 31 12:15 p.m. - 1:00 p.m.
Address: 600 Heritage Dr, Kitchener, ON

Exclusive use of Swirl Pool with jets. Max 6 per registration.

https://calendar.kitchener.ca